FROM THE PRINCIPAL
On Thursday (4 Sept), I will be attending the Cluster meeting at Chinchilla. Miss Haansbergen will be here as well that day.

Students will be attending Musica Viva on Monday, 8 September. Thank you to those parents who have returned the form and the tuckshop menu.

At the moment, all students are on target for attending the sleepover and day at Chinchilla at the end of Week 10. Please return the permission form by next Friday (12 September) if you wish your child to attend.

Next term, Miss Haansbergen will not be returning, which means we may not have an extra teacher again. I am working on getting another teacher for admin release and will keep you informed of any progress.

For HPE, in Term 4, we have organised Ten Pin Bowling. We will be getting the portable ten pin bowling equipment and run this Weeks 1 - 5 (07/10/2014 - 07/11/2014). Swimming will still be running in Term 4, with details to be finalised.

Also, next term, there is the school camp (from 11 November to the 14 November) We will be going to Bribie Island and participating in a lot of educational and fun activities there. A letter will go home today with this newsletter regarding this. Please return as soon as possible.

Over the last week, as part of the You Can Do It program, we looked at Effort, what it means and what the students can do to improve their effort. This week we will be concentrating on Confidence (Yes, I can!).

Judy Angel

STUDENT OF THE WEEK

Student of the Week has been awarded to Ashley Poulsen.

Our school rule awards are:

- Respect for Others: Hayden Taylor
- Being Safe: Emma Wright

P&C
The next meeting will be held on the 9th October at 3.30pm.

TAKE HOME A BIG BROTHER OR BIG SISTER
Give your children the wonderful opportunity to have an international big brother or big sister by volunteering to host one of our exceptional international students arriving in Australia in February 2015 for their 3, 5, or 10 month programs. Our international students from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Japan and USA will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceaustralisccce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

ENROL FOR PREP 2015
PREP ENROLMENTS
Warra State School is now taking enrolments for Prep 2015. If your child turns 5 by June 30th, 2015, they are eligible to commence Prep next year.
If your child is born between 1st July 2009 and 30th June 2010, please drop into our office to collect an enrolment pack. Also, please contact the school for an interview time. Enrolment forms need to be completed and given to the school plus the interview needs to be conducted BEFORE your child can commence Prep.

SHOW AND SHARE ROSTER

<table>
<thead>
<tr>
<th>Date</th>
<th>Students</th>
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</thead>
<tbody>
<tr>
<td>5th Sept</td>
<td>Ashley and Harley</td>
</tr>
<tr>
<td>12th Sept</td>
<td>Kati and Hayden</td>
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</tbody>
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HELP US WIN A $20000 STAFFROOM MAKEOVER!

The competition HAS STARTED! Spread the word and get as many people as possible to vote for our school. Thanks to QT Mutual Bank we have the chance to win a $20,000 staffroom makeover as part of their “Staffroom for Improvement” competition. The prize is a complete makeover of our school’s main staffroom. The winning school will be the one with the most votes weighted against the number of students, so any school, small or large has an equal chance to win. We need as much support from our local school community as possible. Even if we don’t take out top prize we have the chance to win a $10,000 as part of the People’s Choice award. Simply visit www.staffroomforimprovement.com.au to read the terms and conditions and register your interest today.

PHOTOS

Don’t forget our school photos are on the last Thursday of term. An envelope and information was attached to last week’s newsletter.

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Thur 4 Sep</td>
<td>Cluster meeting - Chinchilla</td>
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<tr>
<td>Thur 18 Sep</td>
<td>School Photos</td>
</tr>
<tr>
<td>Fri 19 Sep</td>
<td>Last Day of Term 3</td>
</tr>
<tr>
<td>Mon 6 Oct</td>
<td>Labour Day</td>
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<tr>
<td>Tues 7 Oct</td>
<td>School resumes for Term 4</td>
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</tbody>
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KINDY COUNTS!

Parents with kindy-aged children are invited to tell how kindy has benefitted their child. By doing so you will have a chance to win a Samsung Kids Tablets and $1000 in educational materials for your child’s kindy.

Simply submit a video, or photo and up to 100-words that shows the benefits of kindy. To enter, your child must be participating in kindy this year, or have participated last year.

Go to: www.qld.gov.au/kindyfun for competition entry requirements, prizes, deadlines and full terms and conditions.

FATHER’S DAY

There will be a stall (in the tuckshop) on Friday 5 September at lunchtime for students to buy Father’s Day gifts. These are $6.00 a gift.
JOKE:
Teacher: Class, we will have only half a day of school this morning.
Class: Hooray!
Teacher: We will have the other half this afternoon!

Helping children cool down and stay calm

The following examples are for families to use at home. The methods described can also be adapted by school staff to help children manage anger at school.

When children get caught up with angry feelings it can be quite difficult for them to calm down. This is because the body gets ready to fight when we are angry and can take some time to return to normal. Teaching children steps to cool down their anger can help.

Rate your anger
Using a rating scale to notice how angry they are helps children become more aware of their angry feelings so that they know when to use calming strategies.

Draw a thermometer to show the scale points of between zero and 10. Add some words that describe low levels (e.g. 0 = calm; 2 = a bit irritated), medium levels (e.g. 5 = quite cross), and high levels (e.g. 9 = extremely angry, “losing it”). Talk about the body signals that accompany each level.

Ask children to rate their anger and watch it to see if it changes. This encourages them to look for the signs of angry feelings and to see if they can lower their anger levels. It is much harder to change anger when it is high, so when the rating goes above 6 it is usually best to teach children to move away from the situation. They can move to a special quiet space or ask an adult for help.